

CURRICULUM VITAE

Lakhwinder Singh, Ph.D.

Department of Education and Community Service,
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CAREER OBJECTIVE:

To work for an organization that provides challenge and opportunities to utilize my skills for the upliftment of the organization and myself. I always want to keep myself busy.

EDUCATIONAL QUALIFICATIONS:

Degree	University/ Board	Year of Passing	Remarks
Matriculation	P.S.E.B. Mohali.	March 1997	-
10+2 (Arts)	P.S.E.B. Mohali.	September 1999	-
B.A	Punjabi University, Patiala	September 2003	-
B.Lib	Punjabi University, Patiala	April 2005	-
M.A. (Education)	Chaudhary Devi Lal University, Sirsa	December 2010	
Ph.D. Course Work	Punjabi University, Patiala	February 2012	Grade-A
Ph.D. (Education)	Faculty of Education and Information Science Punjabi University, Patiala, November 2016 Topic: Psychological Hardiness, Stress and Social Maturity as Correlates of Well-being among Adolescents		Outstanding Reports of the Examiners and recommended for Publication

COMPUTER EDUCATION:

Course	Institute	Year	Grade
HTML	Tata Infotech Education	September 2003	Merit
Frontpage 2000	Tata Infotech Education	December 2003	Merit
Web Designing & Multimedia	Tata Infotech Education	March 2004	Good
Diploma in Computer Applications	Generation X Computers	December 2005	Grade-A

WORK EXPERIENCE:

Working as Technical Assistant in Department of Education & Community Service Punjabi University, Patiala since 9th May 2006.

INTERNATIONAL JOURNAL PUBLICATIONS

1. **“A Study of Aggression among Adolescents”** paper published in International Journal of Social Sciences Review (IAHRW), Indian Association of Health, Research & Welfare, ISSN-23473797, 2016, 4(2): 200-204.
2. **“Financial Capability among Youngsters in relation to their Financial Well-being”** paper published in International Journal of Management and Applied Science (IJMAS), 2017, 3(11): 80-86. <http://iraj.doionline.org/dx/IJMAS-IRAJ-DOIONLINE-10164>

NATIONAL JOURNAL PUBLICATIONS

1. **“Higher Education in India A Global Perspective”** paper published in Journal of Teacher Education and Research, Ram-Eeesh Institute of Education 3, Knowledge Rode, Greater Noida, Distt. Gautam Budh Nagar, U.P., 2006, 1(1): 86-92. [Archives | JOURNAL OF TEACHER EDUCATION AND RESEARCH \(jter.in\)](#)
2. **“Altruistic Values among College Students”** paper published in Journal of All India Association for Educational Research, 2006, 3(18): 22-23.
3. **“Academic Achievement of Adolescents: In Relation to their Emotional Intelligence and Achievement Motivation”** paper published in Journal of Parview A Quality Research Journal, Partap College of Education, Ludhiana, 2013, 1(2): 112-117.

PUBLISHED BOOKS

1. **“ਸਿੱਖਿਆ ਦਰਸ਼ਨ ਸ਼ਾਸਤਰ ਅਤੇ ਸਮਾਜ ਸ਼ਾਸਤਰ ਦਾ ਅਧਿਐਨ (Education of Educational Philosophy & Sociology)”** book published by Jashn Publications, Faridkot, pp.1-277, 2011.

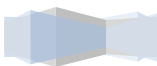
CONFERENCE/SEMINAR PUBLICATIONS

1. **“Promoting Peace and Harmony through Education”** paper published in National Integration A Way Forward Conference proceeding by Publication Bureau Punjabi University, Patiala, ISBN: 978-81-302-0132-0, pp.172-176, 2012.
2. **“Inclusive Education: The Role of ITC in promoting it”** paper published in Marching to Different Drummers: Inclusive Education through Teacher Education (Collection of Select Papers to be presented in the ICSSR Sponsored National Seminar, 27th-28th March, 2014, ISBN: 978-93-8014-530-3, pp.177-181.
3. **“Well-being among adolescents in relation to Social Maturity”** paper published in proceeding of 2016 International Education Conference organized by The Clute Institute,

Colorado, USA, held at Hilton Molino Stucky Venice, Giudecca 810, (Italy), from 5th-9th June, 2016, ISSN: 2157-9660 (Online), pp.494-1 to 494-8.

ABSTRACT PUBLICATIONS

1. Paper titled **“Women Empowerment in India Still A Distant Dream”** published in International Conference on Women and Development: Issues & Initiatives, from 26th-27th February, 2010 abstract book published by Women Studies Center, Punjabi University, Patiala.
2. Paper titled **“Violence against Women-Causes and Remedies”** published in International Conference on Women and Development: Issues & Initiatives, from 26th-27th February, 2010 abstract book published by Women Studies Center, Punjabi University, Patiala.
3. Paper titled **“Media and Literature: Depiction and Impact on Women and Children ”** published in International Conference on Women and Child Issues: National and International Perspectives, from 11th-12th February, 2011 abstract book published by Women Studies Center, Punjabi University, Patiala.
4. Paper titled **“Journey of Indian Women: Medieval to present”** published in International Conference on Mainstreaming Gender: Issues and Challenges, from 25th-26th November, 2011 abstract book published by Women Studies Center, Punjabi University, Patiala.
5. Paper titled **“Restructuring Teacher Education for Value Orientation”** published in National Conference on Quality Concerns in Teacher Education, from 7th-8th February, 2013 abstract book published by Department of Education and Community Service, Punjabi University, Patiala.
6. Paper titled **“Students Stress: A Hidden Killer and How to Fight it”** published in Vancouver International Conference on Teaching of Psychology, from 25th-27th July, 2013 abstract book published by Kwantlen Polytechnic University, British Columbia, Canada.
7. Paper titled **“Excellence: An Essential Dimension of Higher Education”** published in National Conference on Higher Education and Civil Society in 21st Century *Expansion-Equity and Excellence*, from 14th-15th October, 2014 abstract book published by Department of Education and Community Service, Punjabi University, Patiala.
8. Paper titled **“Well-being of Adolescents: Associations with Academic and Social Environment”** published in National Conference on Skill India: Knowledge and Education *Human and Social Capital Formation in Emerging India*, from 1st-2nd October, 2016 abstract book published by Department of Education and Community Service, Punjabi University, Patiala.



REPRESENTATIVE PRESENTATIONS

National

1. **“Spiritual Intelligence-A way of Life”** paper presented in National Seminar on Empowered Youth-Resurgent India organized by Chandigarh College of Education held at Landran, Mohali, Punjab, India on April 14th, 2012.
2. **“Education For International Understanding and Peaceful Coexistence”** paper presented in National Seminar on Role of Education In Building Nation and Blending Its Role In the Fraternity of Nations for Sustained Peaceful Co-existence organized by R.M. Charitable and Educational Trust held at Jammu, J & K, India on April 18th, 2012.

International

1. **“Altruistic Values among College Students”** paper presented in 7th International Conference on Total Quality Management and Better Health Strategies organized by Prestige Institute of Management held at Gwalior, M.P, India on April 21-23, 2006.
2. **“Violence against Women-Causes and Remedies”** paper presented in International Conference on Women and Development: Issues and Initiatives organized by Women Studies Center held at Punjabi University, Patiala, Punjab, India on March 26-27, 2010.
3. **“Media and Literature: Depiction and Impact on Women and Children”** paper presented in International Conference on Women and Child Issues: National and International Perspective organized by Women Studies Center held at Punjabi University, Patiala, Punjab, India on February 25-26, 2011.
4. **“Total Quality Management In Teacher Education”** paper presented in International Conference on Quality Concerns In Education: Issues & Challenges organized by Shivalik Institute of Education and Research held at Mohali, Punjab, India on September 30, 2011.
5. **“Journey of Indian Women: Medieval to present”** paper presented in International Conference on Mainstreaming Gender: Issues and Challenges organized by Women Studies Center held at Punjabi University, Patiala, Punjab, India on November 25-26, 2011.
6. **“Women as Peace Builders”** paper presented in International Conference on Women, Peace and Security organized by Women Studies Center held at Punjabi University, Patiala, Punjab, India on October 26-27, 2012.
7. **“Well-being among adolescents in relation to Social Maturity”** paper presented in 2016 International Education Conference organized by The Clute Institute, Colorado, USA held at Hilton Molino Stucky Venice Giudecca 810-30133 Venice, Italy in June 5-9, 2016.

INTERNATIONAL CONFERENCE INVITATIONS

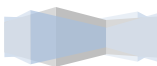
1. Invited to attend the biennial Conference of the International Consortium of Education Development (ICED) held at Salt Lake City, Utah, (USA), 12th-15th June, 2008.



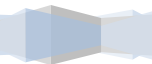
2. Invited to present paper **“Anger Management and Relaxation Indicator of Mental Health”** at the 1st International School Congress: Environment, Health and Education Conference held at Braga, Portugal, 8th -10th, May, 2008.
3. Invited to oral presentation of the paper entitled **“Peace Education for Sustainable Development”** at the International Journal of Arts & Science (IJAS) Conference for Academic Discipline held at the UNLV Campus in Las Vegas, (USA), 23th-26th March, 2009.
4. Invited to attend the 7th Annual Las Vegs Conference on Adolescents and Young Adults held at Las Vegas Nevada, (USA), 26th-28th April, 2009.
5. Invited to present paper entitled **“Anger Management and Relaxation-Way to Good Psychological Well-being”** at 2010 Hawaii International Conference on Education held at Honolulu, Hawaii, (USA), 7th-10th January, 2010.
6. Invited to oral presentation of the paper entitled **“Students Stress: A Hidden Killer, How to Fight It”** at the International Conference on the Teaching of Psychology by Kwantlen Polytechnic University held at Cost Plaza Hotel and Suits, Vancouver, British Columbia, (Canada), 25th-27th July, 2013.
7. Invited to oral presentation of the paper entitled **“Well-being among Adolescents in Relation to Social Maturity”** at the 2016 International Education Conference organized by: Clute Institute, Colorado, USA held at Hilton Molino Stucky Venice, Giudecca 810, (Italy), 5th-9th June, 2016.
8. Invited to oral presentation of the paper entitled **“Financial Capability among Youngsters in Relation to their Financial Well-being”** at the 252nd International Conference on Education and Social Science by ISER held at 6D York St, Toronto, ON M5J 1S-B, (Canada), 28th-29th September, 2017.
9. Invited to oral presentation of the paper entitled **“Imperative use of Social Networking Websites and Social Isolation among adolescents in Relation to their Social Well-being”** at the 2nd ICRTTEL International Conference on Research in Teaching, Education and Learning by Teaching and Education Research Assassination on 26th-27th September, 2018 at Central European University (CEU), Budapest, Hungary.

CONFERENCES/SEMINARS ATTENDED

1. Attended International Conference on **“GATS and Education”** organized by Department of Education and Community Service, Punjabi University, Patiala from 28th-30th December, 2005.
2. Attended Akhand Dia-Shops on Them **“Using Dialogue in GATS and Education”** sponsored by Jasdev Singh Sandhu College of Education held at Department of Education and Community Service, Punjabi University, Patiala on 27th December, 2005.



3. Attended Akhand Dia-Shops on Them **“Culture of Punjab”** sponsored by All India Association of Educational Research (Punjab Chapter) held at Department of Education and Community Service, Punjabi University, Patiala on 27th December, 2005.
4. Attended Akhand Dia-Shops on Them **“Using Gandhi Movie for showing Dialogue Leader of Non-Violence”** sponsored by Lovely Institute of Education, Phagwara held at Department of Education and Community Service, Punjabi University, Patiala on 27th December, 2005.
5. Attended 7th International Conference on **“Total Quality Management and Better Health Strategies”** by Prestige Institute of Management held at Gwalior, M.P, India on 28th-30th April, 2006.
6. Attended National Conference on **“Higher Education and National Development: Issues & Concerns”** organized by Jasdev Singh Sandhu College of Education, Kauli (Patiala) from 5th -6th May, 2006.
7. Attended **“IASK International Conference Teaching and Learning”** organized by IASK held at Aveiro, (Portugal) from 26th-28th May, 2008. [IASK - ATR2008 Location \(iask-web.org\)](http://iask-web.org)
8. Attended **“Second Sarb Bharti Punjabi Conference”** organized by Punjabi University, Patiala from 1st-2nd September, 2009.
9. Attended International Conference on **“Women and Development; Issues and Initiatives”** organized by Women’s Studies Centre, Punjabi University, Patiala from 26-27 March, 2010.
10. Attended National Seminar on **“Role of Teachers in promoting Communal Harmony and National Integration”** organized by Department of Education and Community Service in collaboration with Sri Guru Tegh Bahadur National Integration Chair, Punjabi University, Patiala from 29th-30th November, 2010.
11. Attended International Conference on **“Women and Child Issues: National and International Perspectives”** organized by Women’s Studies Centre, Punjabi University, Patiala from 11th -12th February, 2011.
12. Attended **“Forth Sarb Bharti Punjabi Conference”** organized by Punjabi University, Patiala from 30 April- 1 May, 2011.
13. Attended International Conference on **“Quality Concerns in Education: Issues & Challenges”** organized by Shivalik Institute of Education & Research under the Aegis of Council for Teacher Education held at Phase-IV, (Mohali) from 30th September to 1st October, 2011.
14. Attended International Conference on **“Mainstreaming Gender: Issues and Challenges”** organized by Women’s Studies Centre, Punjabi University, Patiala from 25th-26th November, 2011.



15. Attended National Seminar on **“Role of Teachers in promoting Communal Harmony and National Integration”** organized by Department of Education and Community Service in collaboration with Sri Guru Tegh Bahadur National Integration Chair, Punjabi University, Patiala on 15th December, 2011. <http://www.shivalikinstitute.co.in/>
16. Attended National Seminar on **“Quality Sustenance in Teacher Education-A Great Challenge”** organized by Partap College of Education held at Ludhiana, Punjab, India on 4th February, 2012. <http://partapcollege.org/>
17. Attended International Seminar on **“Teacher Education for Peace and Harmony”** organized by IASE Deemed University (Rajasthan) held at Gandhi Darshan Samiti, Rajghat, New Delhi from 11th-13th February, 2012. <http://www.iaseuniversity.org.in/>
18. Attended National Seminar on **“Role of Education in Building Nation and Blending Its Role in the Fraternity of Nations for Sustained Peaceful Co-existence”** organized by R.M. Charitable and Educational Trust held at Jammu, J & K, India on 18th April, 2012. <http://www.rmtrust.in/>
19. Attended National Seminar on **“Empowered Youth-Resurgent India”** organized by Chandigarh College of Education held at Landran, Mohali, Punjab, India on 14th April, 2012. <https://www.cgc.edu.in/chandigarh-college-of-education>
20. Attended International Conference on **“Women, Peace and Security”** organized by Women’s Studies Centre, Punjabi University, Patiala from 26th-27th October, 2012.
21. Attended National Conference on **“Quality Concerns in Teacher Education”** organized by Department of Education and Community Service at Punjabi University, Patiala from 7th-8th February, 2013.
22. Attended 5th International Conference on **“Women and Development”** organized by Women's Studies Centre, Punjabi University, Patiala from 26th-27th November, 2013.
23. Attended National Conference on **“Higher Education and Civil Society in 21st Century”** organized by Department of Education and Community Service at Punjabi University, Patiala from 14th-15th October, 2014.
24. Attended National Seminar on **“Education System in India”** organized by M and M College of Education at Nagri District, Sangrur held on 27th January, 2012.
25. Attended National Seminar on **“Empowered Youth-Resurgent India”** by Chandigarh College of Education held at Landran, Mohali, Punjab, India on 14th April, 2012.
26. Attended 6th Annual Conference on **“Promoting Excellence in Women Development: The way forward for progress”** organized by Women’s Study Centre at Punjabi University, Patiala from 30th-31st October, 2014.
27. Attended 7th International Conference on **“Empowering Women, Empowering Humanity”** organized by Women's Studies Centre, Punjabi University, Patiala from 11th-12th December, 2015.

28. Attended National Conference on **“Skill India: knowledge and Education Human and Social Capital Formation in Emerging India”** organized by Department of Education and Community Service, Punjabi University, Patiala from 1st-2nd February, 2016.
29. Attended **“2016 International Education Conference”** by The Clute Institute, Colorado, USA held at Hilton Molino Stucky Venice Giudecca 810 – 30133 Venice, Italy in from 5th-9th June, 2016.

WORKSHOPS ATTENDED

1. Attended National Workshop on **“Issues in Research Methodology”** organized by Department of Education, Punjabi University, Patiala from 19th-25th March, 2012.

MEMBERSHIP OF PROFESSIONAL ASSOCIATIONS OF INDIA

1. All India Association for Educational Research, **Life time Member.**
2. Psycho-Linguistic Association of India, **Life time Member.**
3. Teaching and Education Research Assassination (TERA) **Life time Member.**

RADIO/ TV TALKS, DISCUSSIONS AND LIVE PHONE-IN PROGRAMMES

1. On Air Radio Live phone-in programme on **“Stress Management”** Radio Gal Punjab Di USA from Patiala, Punjab, India.
2. On Air Radio live phone-in programme on **“Development of Emotional Relationships among Children Instead of Materialistic Relationships”** Radio Gal Punjab Di USA 26, January 2016.

OFFICIAL DUTIES PERFORMED

1. Acted as **Deputy Superintendent for the M.Ed. Entrance Test** Conduct by Department of Education and Community Service, Punjabi University, Patiala on 12th July, 2008.
2. Acted as **Deputy Superintendent for the M.Ed. Entrance Test** Conduct by Department of Education and Community Service, Punjabi University, Patiala on 25th July, 2009.
3. Acted as Member of Registration Committee of **Second Sarb Bharti Punjabi Conference** organized by Punjabi University, Patiala from 1st-2nd September, 2009.
4. Acted as Assistant Presiding Officer during **Member of Parliament Election** 2009.
5. Acted as Presiding Officer during **Gram Panchayat Election** 2013.
6. Acted as Polling Officer during **Member of Parliament Election** 2014.
7. Acted as Member of Registration Committee of **Third Sarb Bharti Punjabi Conference** organized by Punjabi University, Patiala from 30th April-1st May, 2010.
8. Acted as Member of Registration Committee of **Fourth Sarb Bharti Punjabi Conference** organized by Punjabi University, Patiala from 30 April-1 May, 2011.
9. Acted as Member of Technical Committee of **National Conference on “Quality Concerns in Teacher Education”** organized by Department of Education and Community Service, Punjabi University, Patiala from 7th-8th February, 2013.

10. Acted as Member of Technical Committee of **National Conference on “Higher Education and Civil Society in 21st Century- Expansion- Equity and Excellence”** organized by Department of Education and Community Service, Punjabi University, Patiala from 14th-15th October, 2014.
11. Acted as Member of Academic and Technical Committee of **National Conference on “Skill India: Knowledge and Education”** organized by Department of Education and Community Service, Punjabi University, Patiala from 1st-2nd February, 2016.
12. Acted as Assistant Presiding Officer during **Zila Parishad and Panchayat Samitis Election** September, 2018.

VISITED COUNTRIES

Portugal (Lisbon, Aveiro & Faro)
Spain (Seville, Barcelona)
France (Paris, Reims, Strasbourg)
Germany (Frankfurt, Mannheim, Worms & Hamburg)
Mauritius
Turkey (Istanbul)
Italy (Venice, Florence, Rome & Milan)

PERSONAL PROFILE

Date of Birth: 07th October, 1982
Language Known: Punjabi, Hindi and English

PROFESSIONAL LINKS

- Research Gate: <https://www.researchgate.net/profile/Lakhwinder-Singh-14>
- Academia: <https://punjabiuniversitypatiala.academia.edu/DrLakhwinderSingh>
- Personal Blog: <https://sabrangi-5abi-sath.blogspot.com/>
- Orcid ID: <https://orcid.org/0000-0002-9010-0675>

Lakhwinder Singh

